

Naturally small neutrino mass with asymptotic safety and gravitational-wave signatures

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Based on work with

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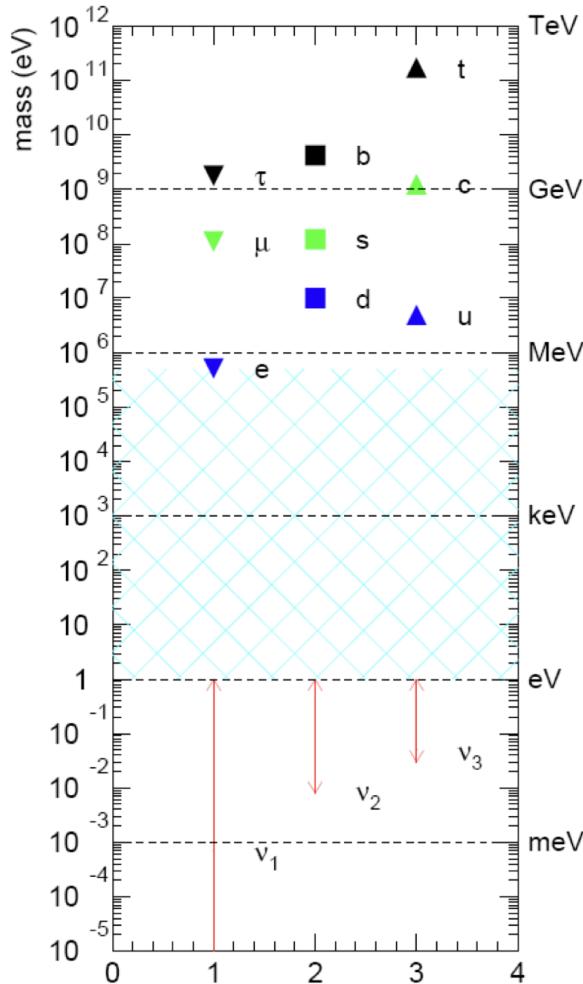
12 October 2023

Graduate Physics Seminar



Motivation

From M. Shaevitz lectures



$$m_\nu \neq 0$$

$$\frac{m_\nu}{m_t} \approx 10^{-12}$$

Dirac mass and Majorana mass

Dirac mass: $m_D \bar{f}_R f_L$

Majorana mass: $m_M \bar{f}_R f_R^C$

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- In the Standard Model(SM), symmetries forbid either of these mass terms!

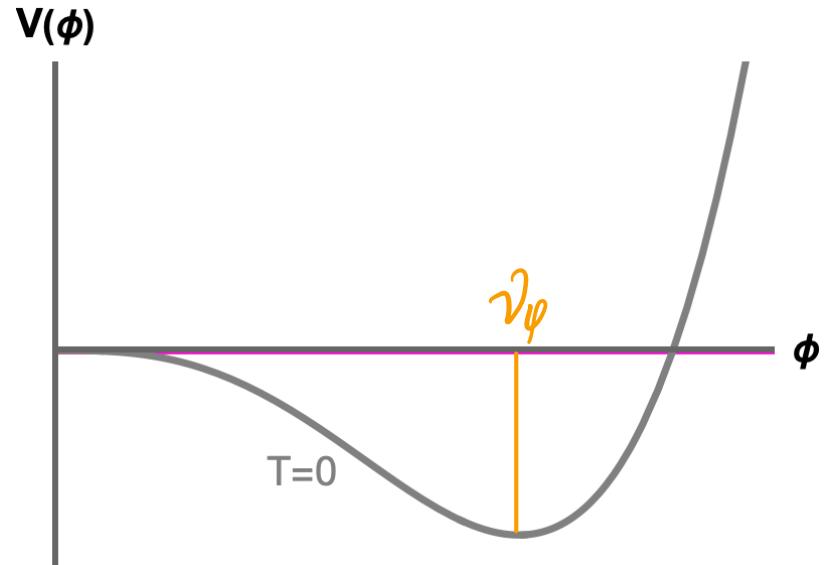
But,

$$y_f \bar{f}_R \phi f_L \xrightarrow[\langle\phi\rangle=v_\phi]{SSB} y_f v_\phi \bar{f}_R f_L$$

$$\implies m_D = y_f v_\phi$$

- The Yukawa couplings in SM:

$$L_{SM} \supset Y_{ij}^U \bar{Q}_L^i H u_R^j + Y_{ij}^D \bar{Q}_R^i H^\dagger d_L^j + \sum Y_i^e \bar{L}_L^i H e_R^i$$



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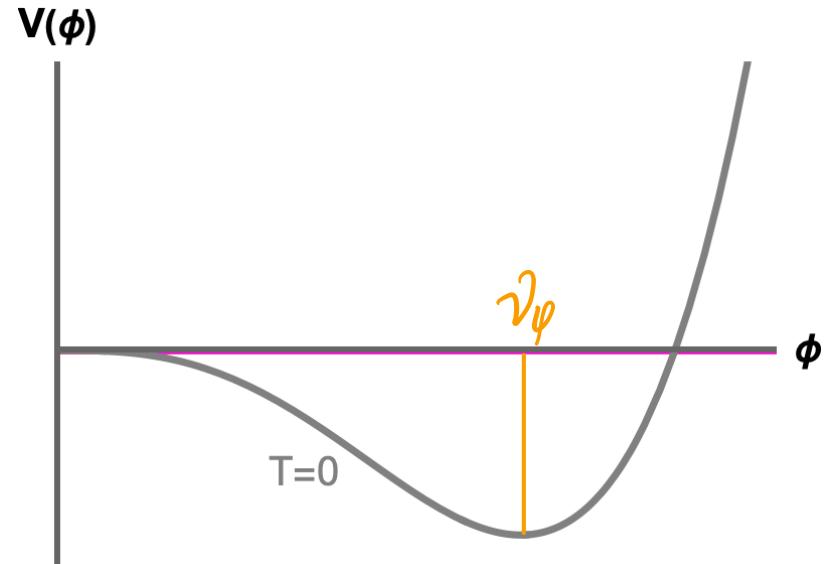
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Seesaw mechanism

- Right-handed neutrinos are invariant under the SM symmetries

$$\implies m_M \bar{\nu}_R \nu_R^C$$

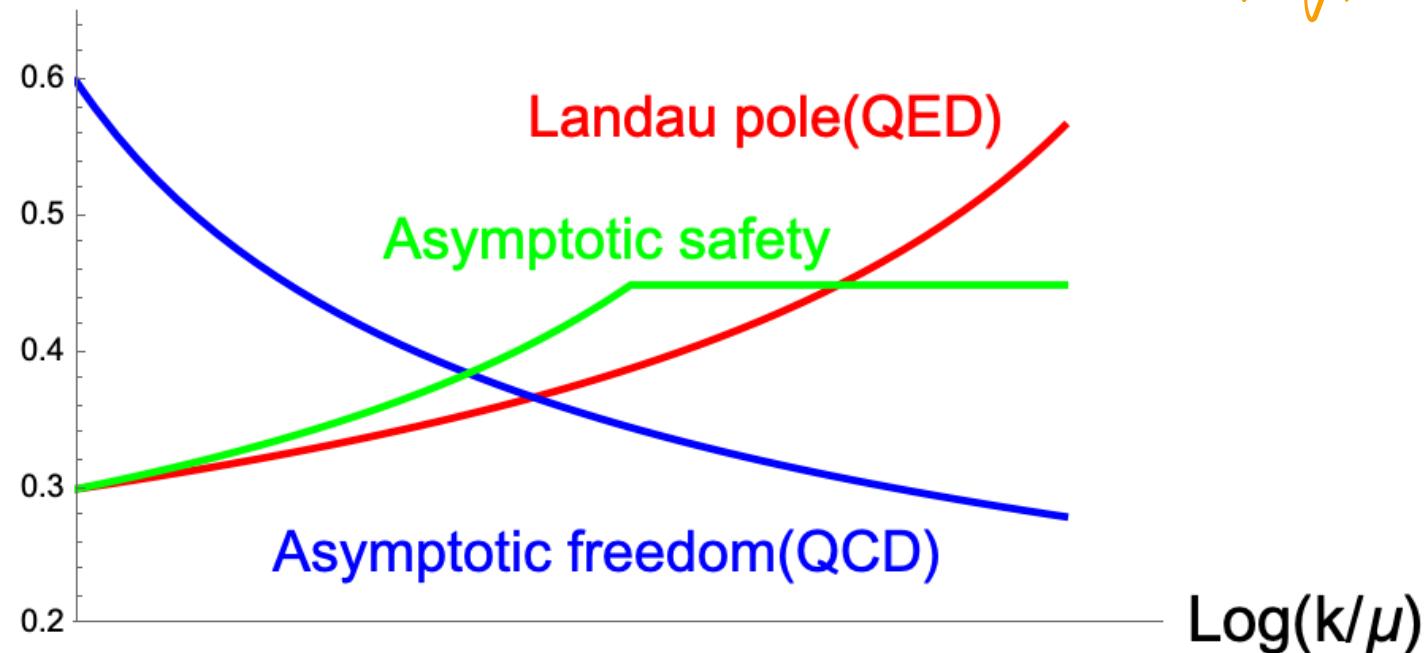
$$m_D \sim y_\nu v_\phi$$

$$\begin{pmatrix} 0 & m_D \\ m_D & m_M \end{pmatrix} \xrightarrow{\text{diagonalize}} m_1 m_2 \approx m_D^2$$



Asymptotic behaviour of the couplings

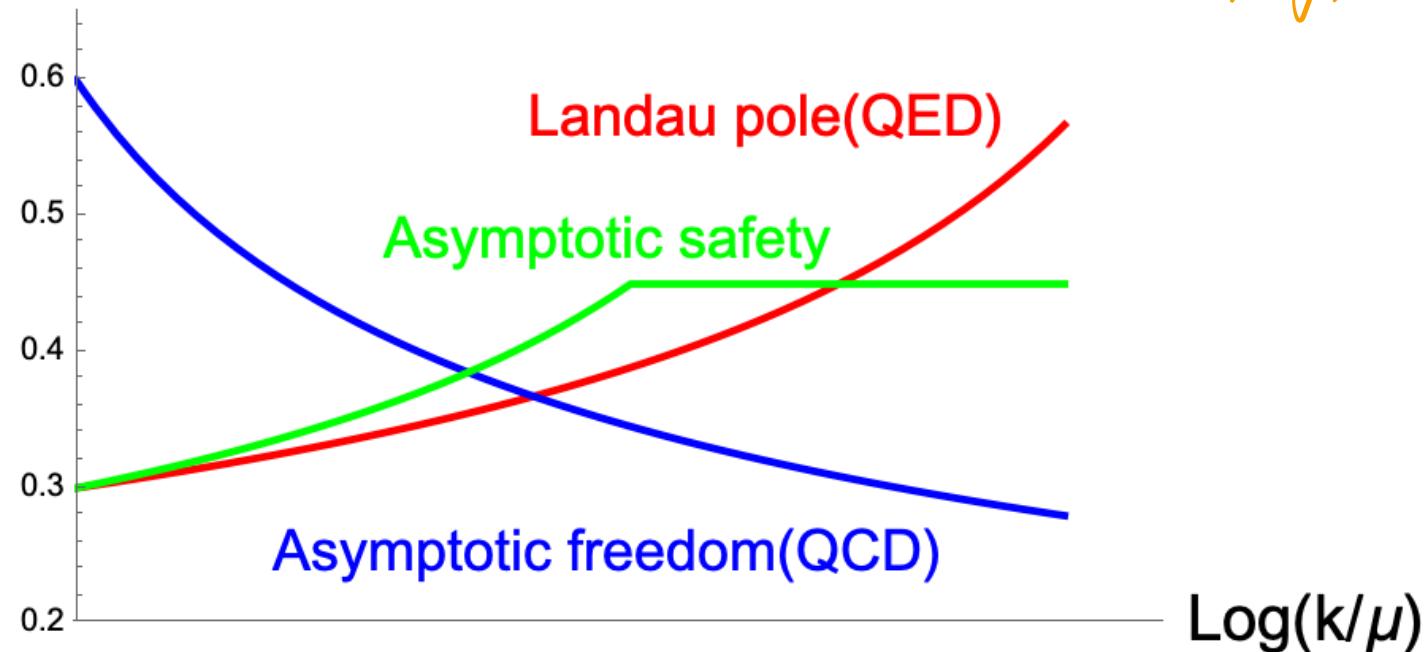
Coupling Values



$$\beta(g) \equiv K \frac{\partial g}{\partial k}$$

Asymptotic behaviour of the couplings

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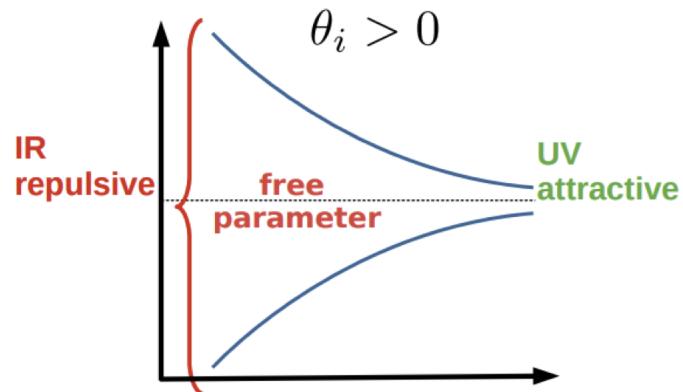
- UV complete theory: all the couplings approach a fixed point
 \implies The theory can be extrapolated to infinitely large energy scales

Predictions and free parameters

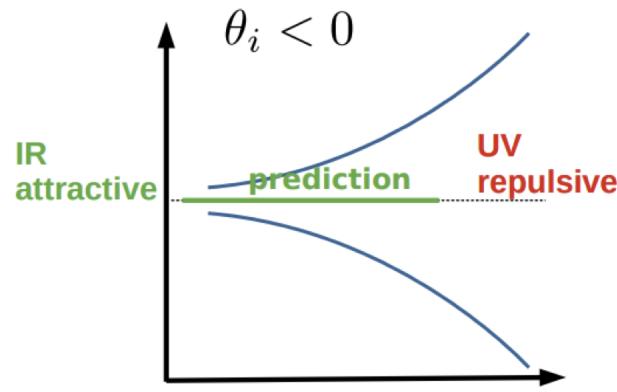
- Fixed point: where all the couplings stay constant with the changing scale
 - $\beta_i(\{g_i\}) = 0$

Predictions and free parameters

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 - $\beta_i(\{g_i\}) = 0$
- Linearized flow equation near the fixed point
 - Stability matrix: $M_{ij} \equiv \frac{\partial \beta_i}{\partial g_j} \Big|_{\{g_i^*\}}$ $\rightarrow \{\theta_i\}$ Critical exponents



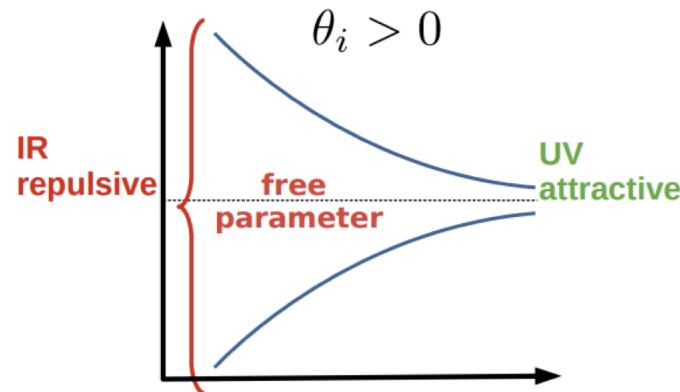
Relevant couplings are free parameters of the theory



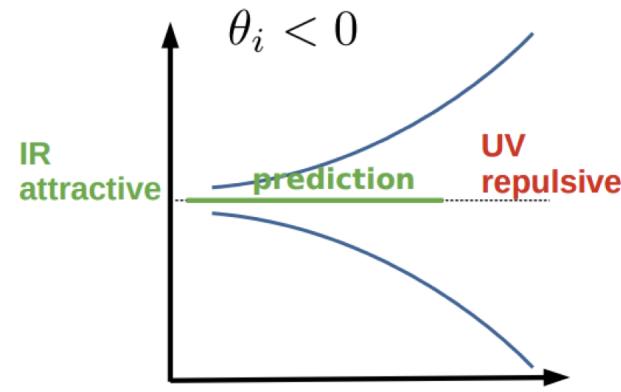
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Relevant couplings are free parameters of the theory



Irrelevant couplings provide predictions

- Choosing free-parameters at the UV boundary fixes the flow of all the couplings

Asymptotically safe gravity

- Einstein-Hilbert action:

$$\Gamma_{EH} = \frac{1}{16\pi G} \int d^4x \sqrt{g}(\Lambda - R)$$

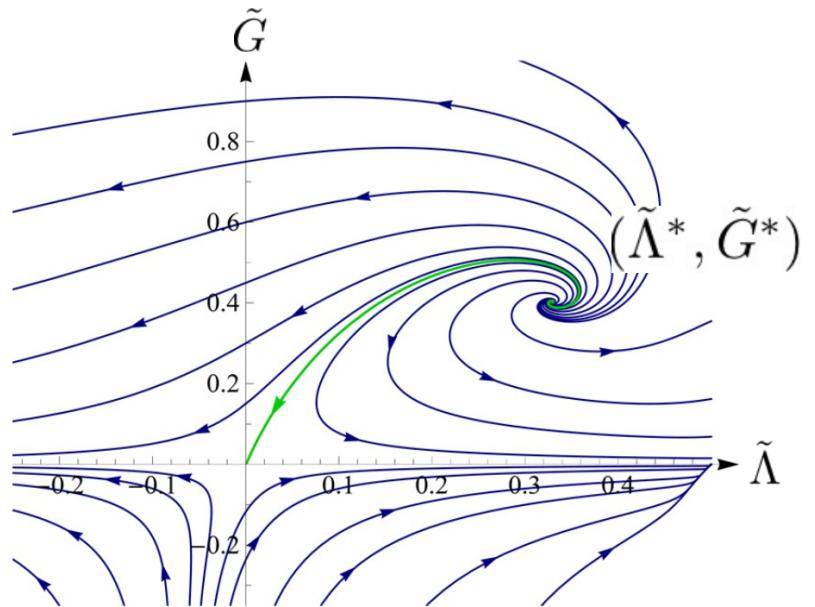
- Applying functional renormalization group methods:

$$\implies \frac{d\tilde{G}}{dt} = 0$$

$$\frac{d\tilde{\Lambda}}{dt} = 0$$

- Gravity could be asymptotically safe

Reuter '96, Reuter, Saueressig '01, Litim '04, Codello, Percacci, Rahmede '06, Benedetti, Machado, Saueressig '09, Narain, Percacci '09, Manrique, Rechenberger, Saueressig '11, Falls, Litim, Nikolopoulos '13, Dona', Eichhorn, Percacci '13, Daum, Harst, Reuter '09, Folkerst, Litim, Pawlowski '11, Harst, Reuter '11, Zanusso et al. '09 ... many more



Gravity corrections above the Planck scale

$$\beta_g = \beta_g^{SM+NP} - f_g(G^*, \Lambda^*)g$$

$$\beta_y = \beta_y^{SM+NP} - f_y(G^*, \Lambda^*)y$$

Daum, Harst, Reuter '09, Folkerst, Litim, Pawlowski '11, Harst, Reuter '11, Christiansen, Eichhorn '17, Eichhorn, Versteegen '17

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- Universal: does not distinguish internal symmetries
- UV divergencies can be cured
- Improved predictive power

The Majorana mass and the seesaw scale

■ Relevant beta functions:

$$\beta_{g_Y} = \frac{1}{16\pi^2} \frac{41}{6} g_y^3 - f_g g_Y$$

$$\beta_{y_t} = \frac{y_t}{16\pi^2} \left(\frac{9}{2} y_t^2 - \frac{17}{12} g_y^2 + y_v^2 \right) - f_y y_t$$

$$\beta_{y_\nu} = \frac{y_\nu}{16\pi^2} \left(3y_t^2 + \frac{5}{2} y_\nu^2 - \frac{3}{4} g_Y^2 \right) - f_y y_\nu$$

■ Fixed-point analysis:

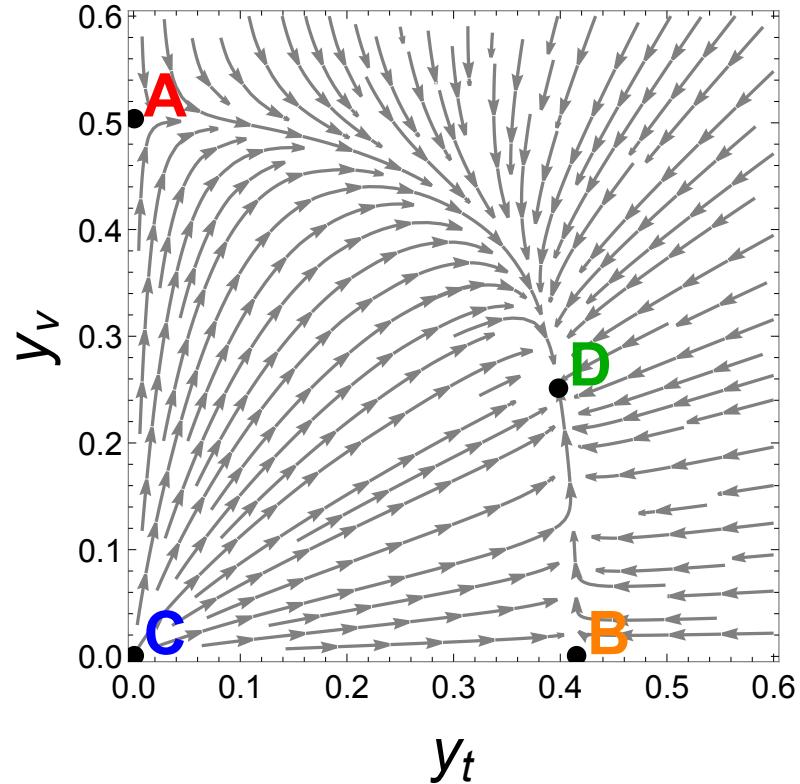
If $f_y > f_{y,Crit}$

⇒ IR-attractive fixed-point is at:

$$y_\nu^* \neq 0, y_t^* \neq 0$$

i.e $\theta_{y_\nu} < 0$ (at $y_\nu^* \neq 0$)

■ Majorana mass: $M_\nu \approx \frac{(y_\nu v_h)^2}{m_\nu}$



Majorana neutrinos, still prediction of the seesaw scale

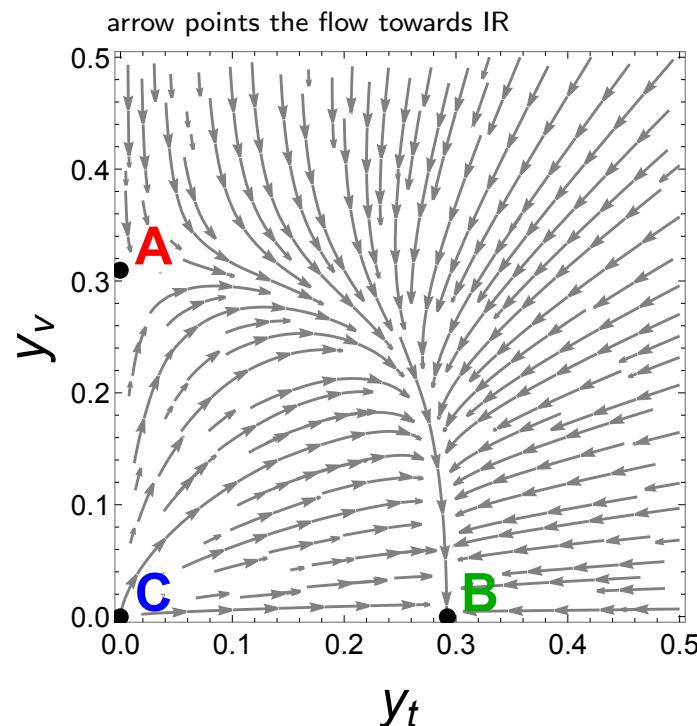
Dynamical mechanism of small neutrino mass

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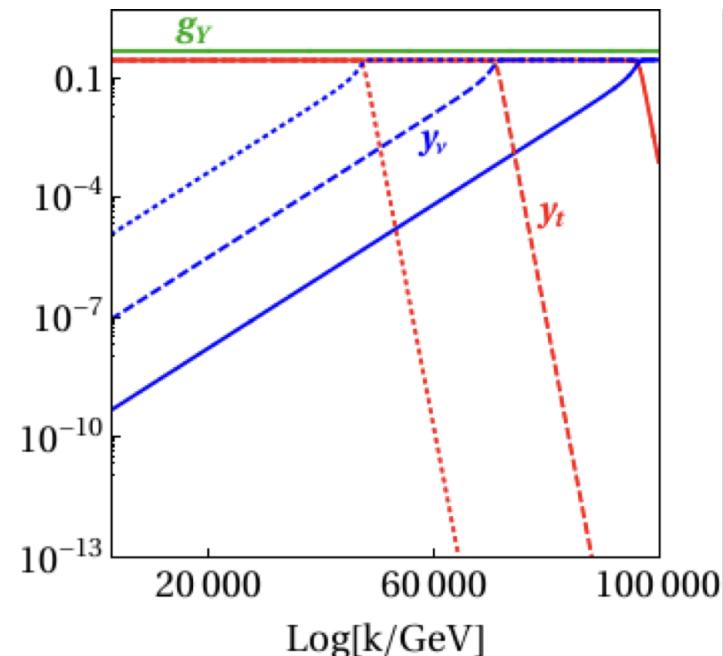
If $f_y < f_{y,Crit} \approx 8 \times 10^{-4}$

\implies IR attractive fixed-point at $y_\nu^* = 0$

i.e. $\theta_{y_\nu} < 0$ at $y_\nu^* = 0$



K.Kowalska, S.Pramanick, E.M. Sessolo, 2204.00866



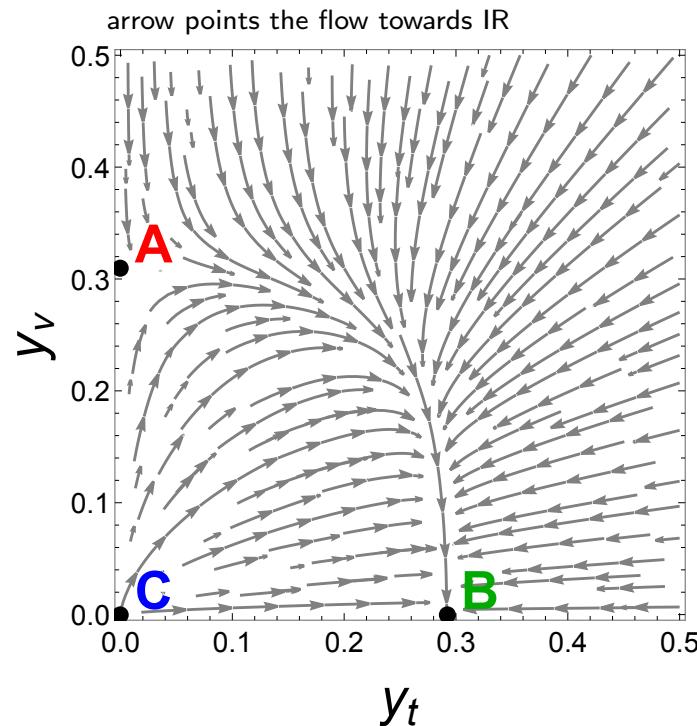
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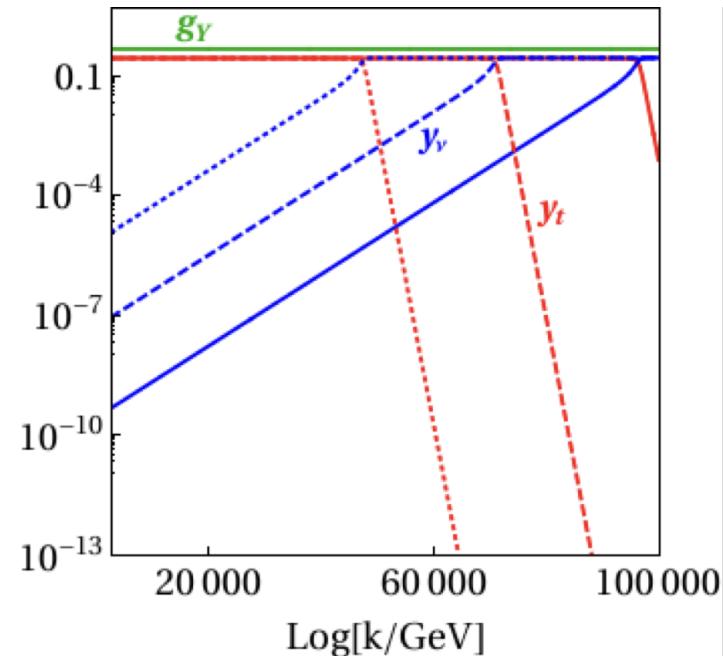
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■ Dirac mass: $m_\nu \sim y_\nu \nu$

Predicts small Dirac mass without fine-tuning

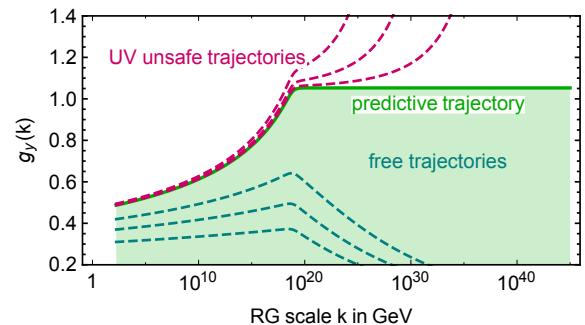
QG perspective on naturalness of this mechanism in SMRHN

Eichhorn et.al. 1709.07252

- IR attractive fixed-point at $y_\nu^* = 0$ is a crucial condition for this mechanism i.e.

$$\theta_{y_\nu} \approx \frac{-2}{3} g_Y^{*2} + \frac{3}{2} y_t^{*2} < 0 \implies g_Y^* \neq 0$$

$$f_g \approx 0.0097$$



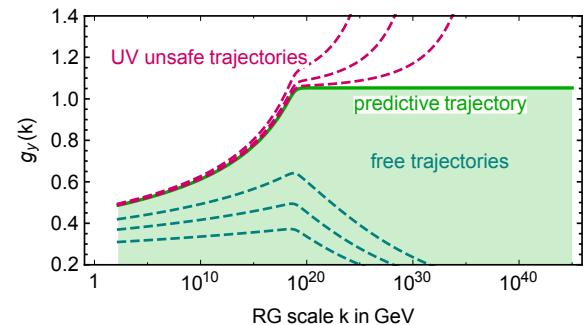
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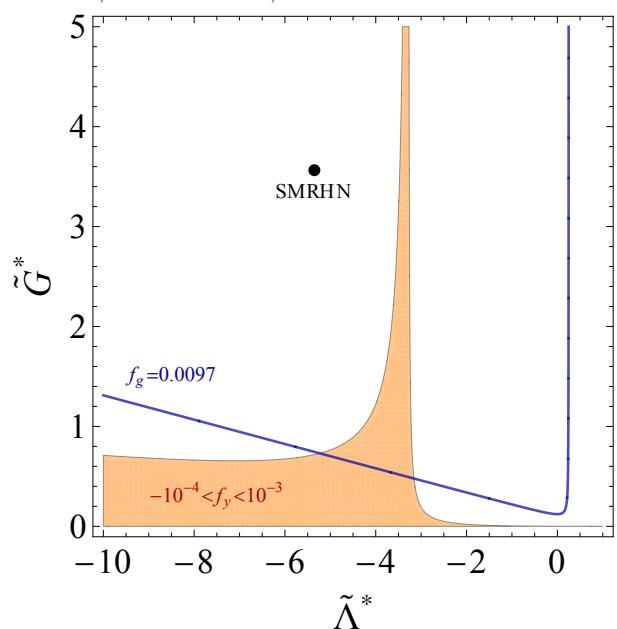


- Values of f_g and f_y from asymptotically safe Quantum Gravity (QG)

$$f_g(\tilde{G}_N^*, \tilde{\Lambda}^*) \approx \frac{\tilde{G}_N^*(1-4\tilde{\Lambda}^*)}{4\pi(1-2\tilde{\Lambda}^*)^2}$$

$$f_y(\tilde{G}_N^*, \tilde{\Lambda}^*) \approx \left(\frac{\tilde{G}_N^*(712\tilde{\Lambda}^{*3}+407\tilde{\Lambda}^{*2}-1391\tilde{\Lambda}^*+561)}{60\pi(8\tilde{\Lambda}^*-10\tilde{\Lambda}^*+3)^2} \right)$$

AC, K. Kowalska, E.M. Sessolo 2308.06114



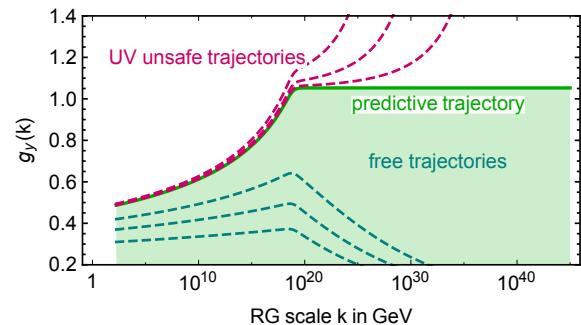
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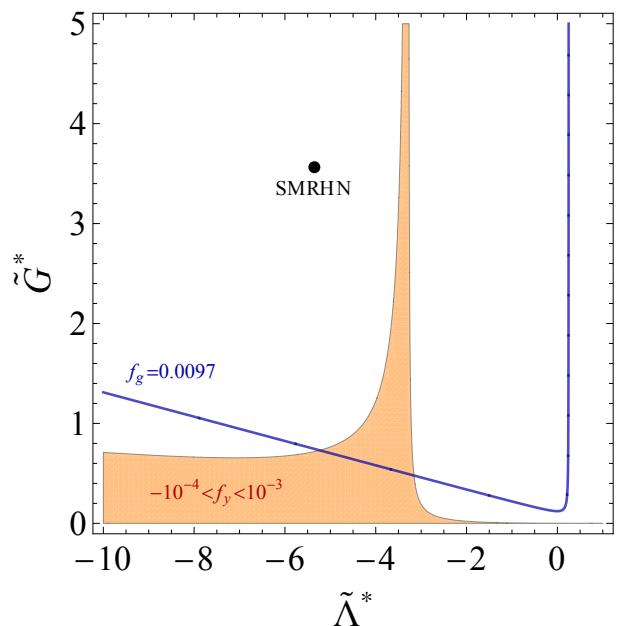
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- \tilde{G}_N^* and $\tilde{\Lambda}^*$ depend on the number of Dirac fermions, gauge fields, and scalar fields

AC, K. Kowalska, E.M. Sessolo 2308.06114



QG perspective on naturalness of this mechanism in $B - L$

■ Gauged $U(1)_{B-L}$ model:

$$\mathcal{L} \supset -\frac{1}{4}B_{\mu\nu}B^{\mu\nu} - \frac{1}{4}X_{\mu\nu}X^{\mu\nu} - \frac{\epsilon}{2}B_{\mu\nu}X^{\mu\nu} + i\bar{f} \left(\partial^\mu - ig_Y Q_Y \tilde{B}^\mu - ig_{B-L} Q_{B-L} \tilde{X}^\mu \right) \gamma_\mu f$$

■ IR-attractive fixed-point at $y_\nu^* = 0$ is possible even if $g_Y^* = 0$ i.e. $f_g \neq 0.0097$

How?

If $g_X^* \neq 0$ and $g_\epsilon^* \neq 0$

$$g_X = \frac{g_{B-L}}{\sqrt{1-\epsilon^2}}$$

$$g_\epsilon = -\frac{\epsilon g_Y}{\sqrt{1-\epsilon^2}}$$

\implies predicts g_X and g_ϵ

\implies larger margin for f_g

QG perspective on naturalness of this mechanism in $B - L$

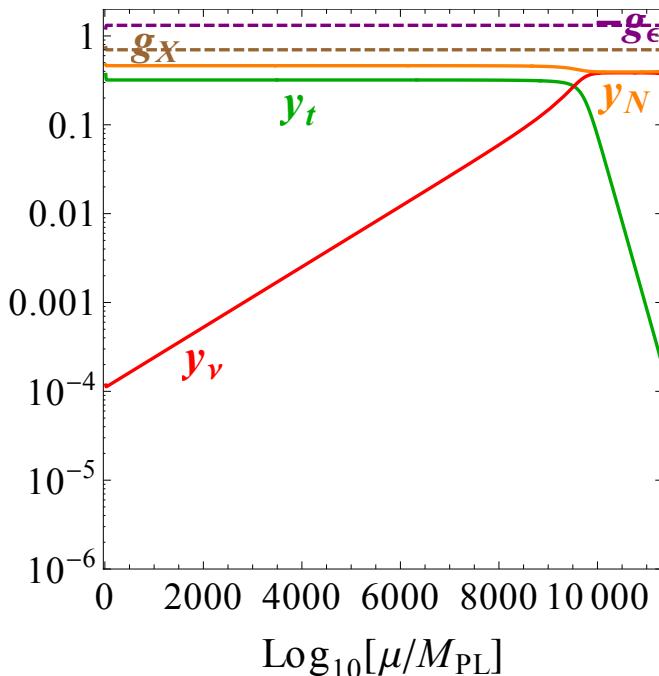
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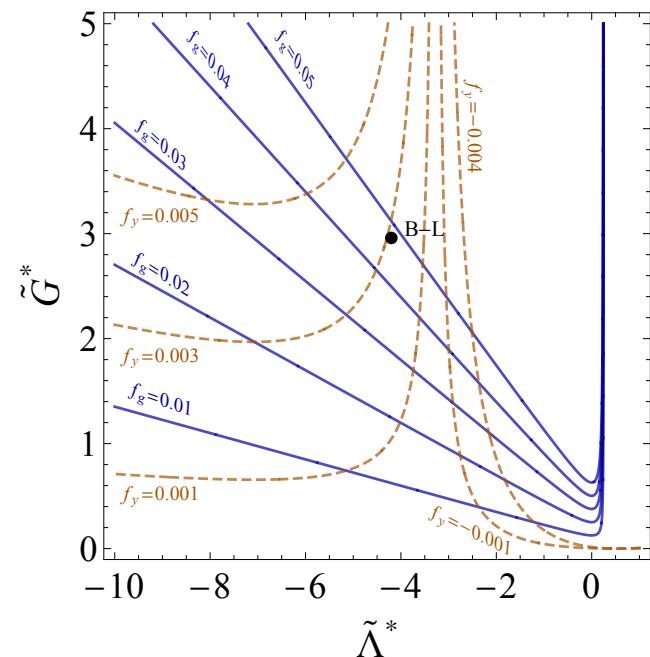
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Predictions in the $B - L$ model

- Benchmark points for different f_g and f_y such that

- IR-attractive fixed-point at $y_\nu^* = 0$
- Predictions for the New Physics couplings
(g_X, g_ϵ, y_N)

$$\mathcal{L}_M = -y_N^{ij} S \nu_{R,i} \nu_{R,j} + \text{H.c.}$$

| | f_g | f_y | g_X^* | g_ϵ^* | y_N^* | $g_X (10^{5,7,9} \text{ GeV})$ | $g_\epsilon (10^{5,7,9} \text{ GeV})$ | $y_N (10^{5,7,9} \text{ GeV})$ |
|-----|-------|---------|---------|----------------|---------|--------------------------------|---------------------------------------|--------------------------------|
| BP1 | 0.01 | 0.0005 | 0.10 | -0.55 | 0.12 | 0.29, 0.29, 0.30 | -0.26, -0.27, -0.28 | 0.16, 0.16, 0.16 |
| BP2 | 0.05 | -0.005 | 0.70 | -1.32 | 0.47 | 0.40, 0.41, 0.44 | -0.52, -0.56, -0.61 | 0.42, 0.44, 0.45 |
| BP3 | 0.02 | -0.0015 | 0.10 | -0.75 | 0.0 | 0.12, 0.12, 0.12 | -0.33, -0.35, -0.37 | 0.0 |
| BP4 | 0.03 | -0.004 | 0.10 | 0.75 | 0.0 | 0.09, 0.09, 0.09 | 0.23, 0.25, 0.28 | 0.0 |

- RGE flow ensures $y_N = 0$; not some global symmetry

Dirac ($y_N = 0$) : BP3, BP4

Majorana ($y_N \neq 0$) : BP1, BP2

- Experimental constrains on kinetic mixing and direct coupling of Z'

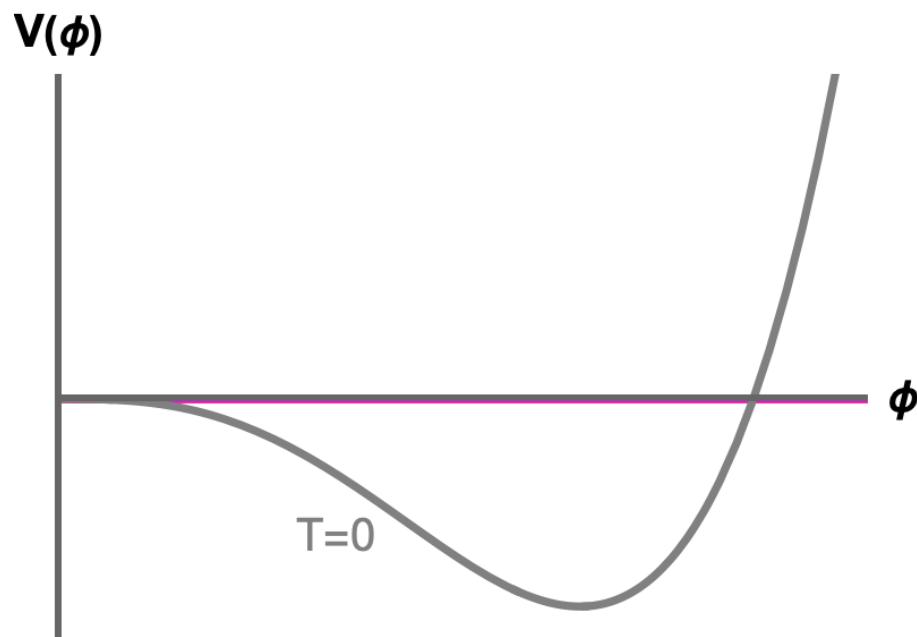
$$\epsilon = \frac{g_\epsilon}{\sqrt{g_Y^2 + g_\epsilon^2}} \approx 0.5 - 0.8$$

$$v_S > 10 \text{ TeV} \gg v_H$$

First-order phase transition and Gravitational waves

- $U(1)_{B-L}$ is spontaneously broken
 - Coleman-Weinberg mechanism is one possible way, which could lead to FOPT

$$V_0(\phi) = -m_\phi^2 \phi^2 + \kappa \phi^3 + \lambda \phi^4 + \dots$$



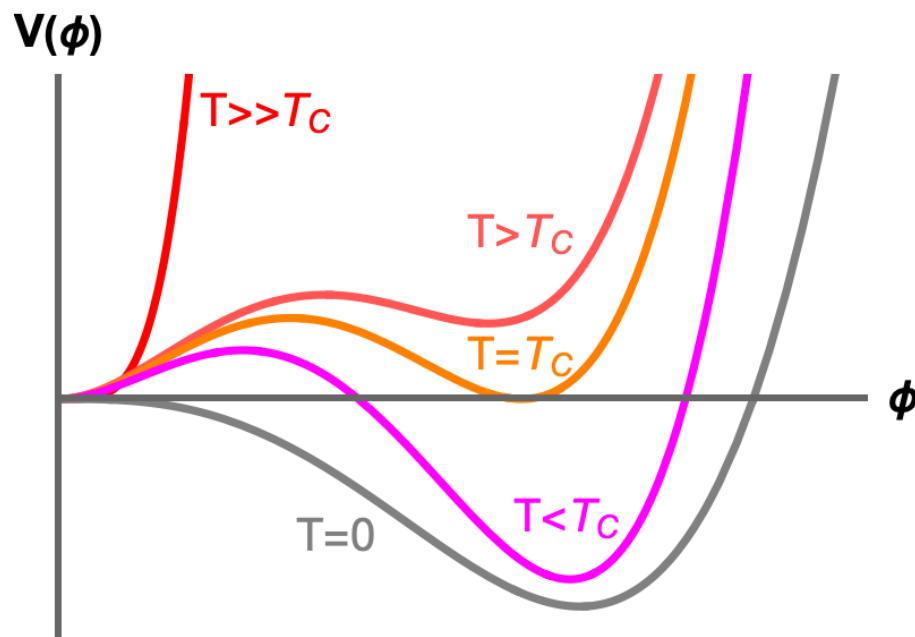
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$$V(\phi) = V_0(\phi) + V_{thermal}(\phi)$$

$$V_{thermal}(\phi) \propto T^2$$



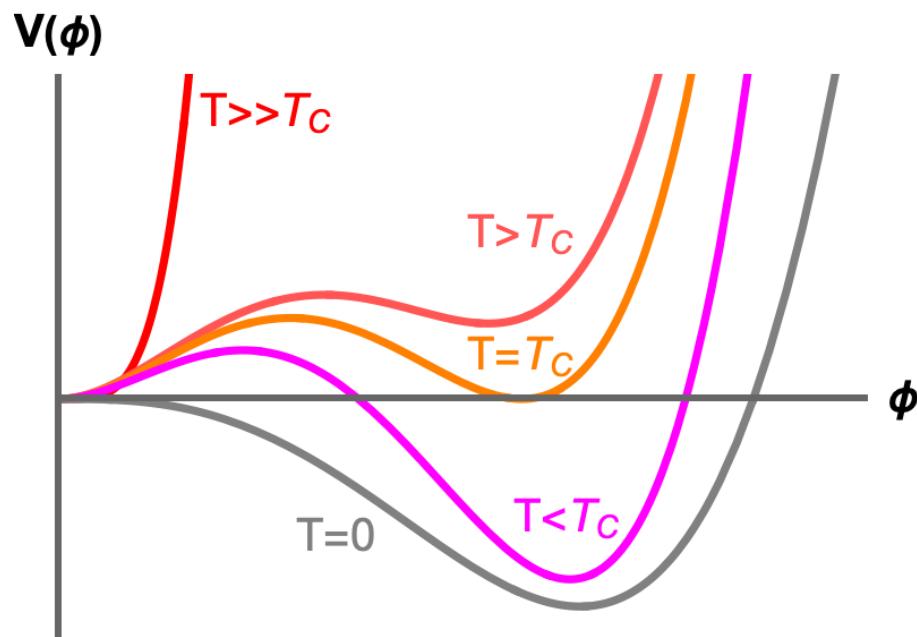
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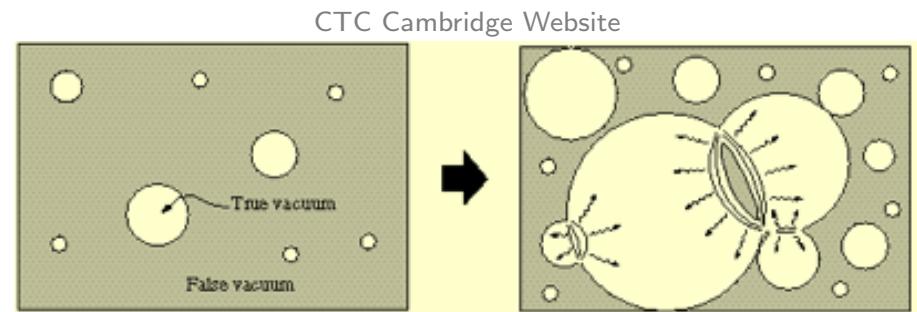
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Phase transition through true vacuum bubble formation and expansion



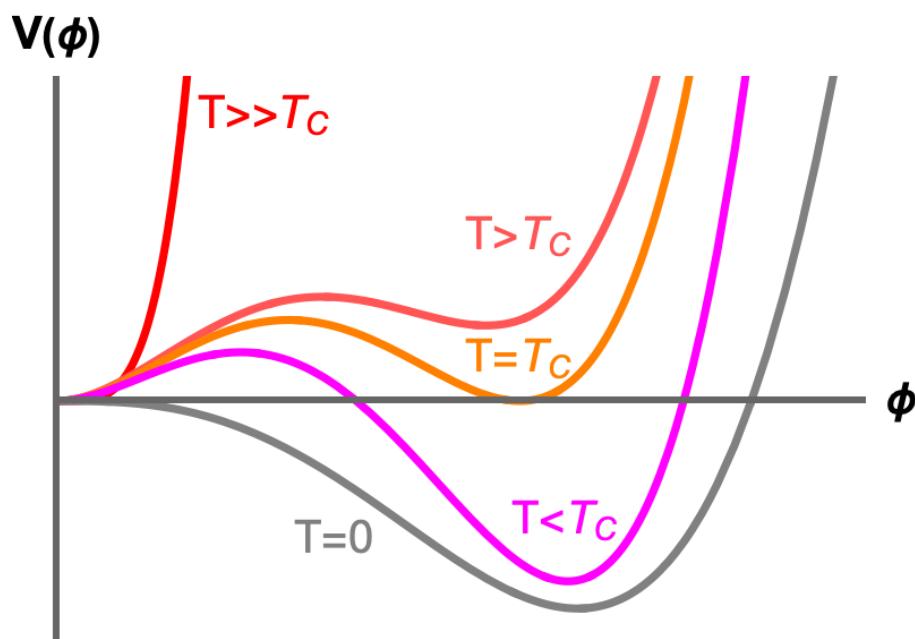
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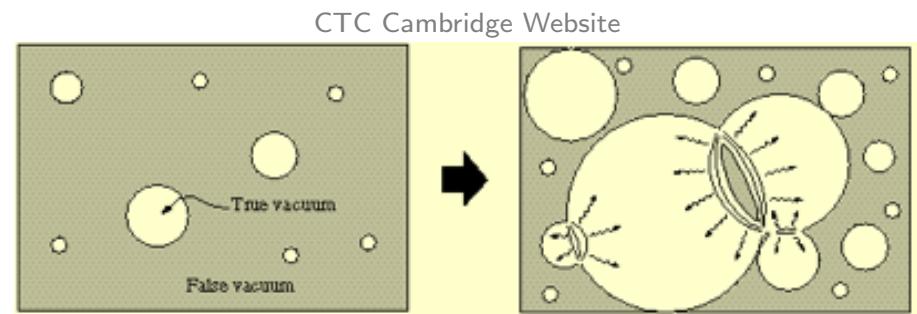
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Phase transition through true vacuum bubble formation and expansion



Bubble collision breaks spherical symmetry of stress-energy tensor $T_{\mu\nu}$
⇒ Stochastic gravitational waves

Gravitational waves from FOPT in $B - L$

- Since $v_H \ll v_S$, the Higgs field effectively decouples

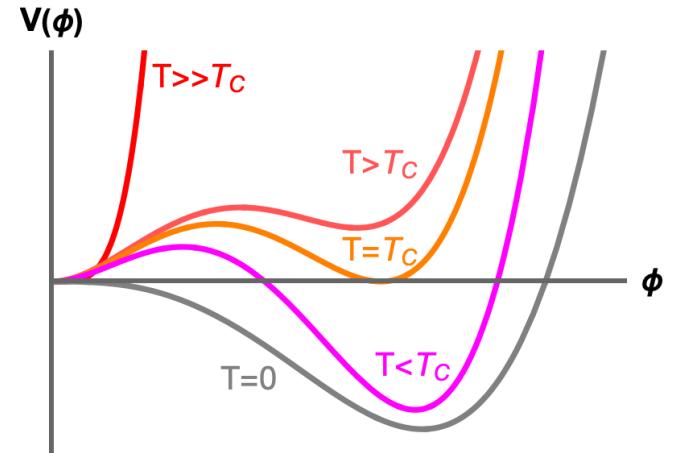
- SSB through Coleman-Weinberg mechanism

$$V_{tot}(\phi) = V_{CW}(\phi) + V_{thermal}(\phi), \quad \phi \equiv Re(S)$$

- The Yukawa coupling effect is also included

$$V_{CW}(\phi) = \frac{1}{2}m_S^2(t)\phi^2 + \frac{1}{4}\lambda_2(t)\phi^4$$

$$+ \frac{1}{128\pi^2} [20\lambda_2^2(t) + 96g_X^4(t) - 48y_N^4(t)]\phi^4 \left(-\frac{25}{6} + \ln \frac{\phi^2}{\mu^2} \right)$$



$$V_{\text{thermal}}(\phi, T) = \frac{T^4}{2\pi^2} \sum n_i J_i \left(\frac{m_i^2(\phi)}{T^2} \right)$$

$$m_{Z'}^2(\phi) = 4g_X^2\phi^2$$

$$m_{\nu_R}^2(\phi) = 2y_N^2\phi^2$$

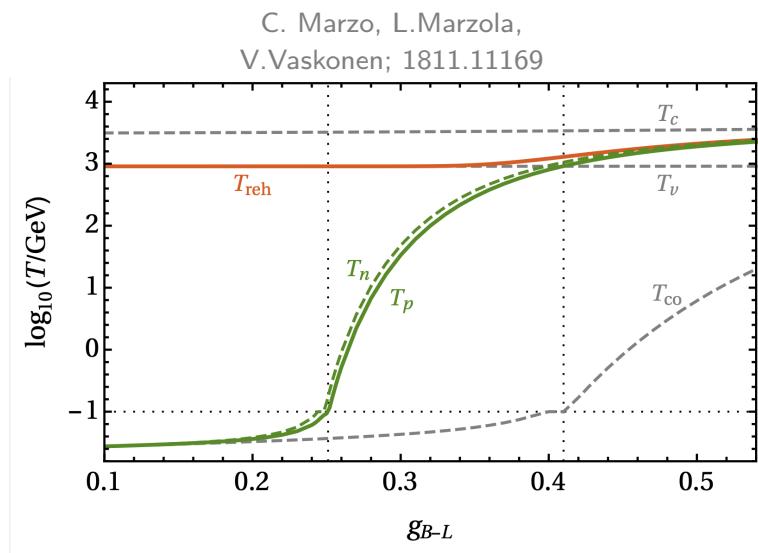
$$m_\phi^2(\phi) = 3\lambda_2\phi^2 + m_S^2$$

$$m_G^2(\phi) = \lambda_2\phi^2 + m_S^2$$

GW signals with scale-invariance ($m_S^2 = 0$)

- If $g_X \lesssim 0.25$, the percolation temperature (T_P) is below QCD phase-transition

| | $g_X (10^{5,7,9} \text{GeV})$ | $y_N (10^{5,7,9} \text{GeV})$ |
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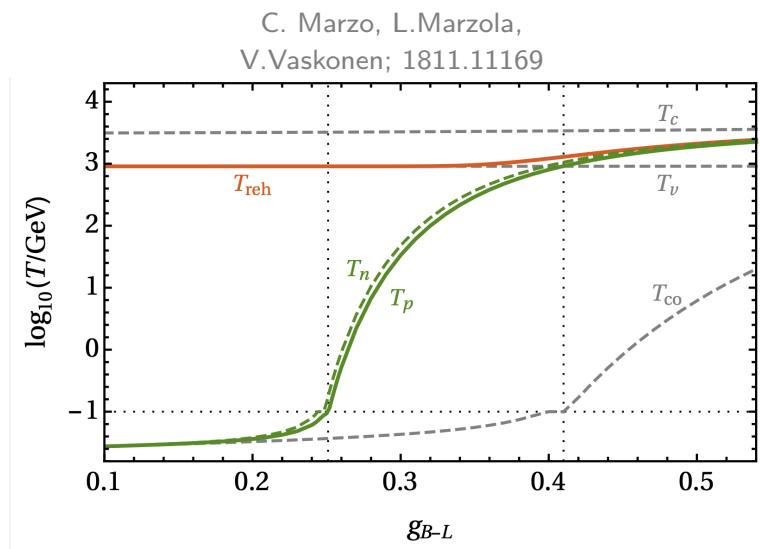


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- V_{CW} is shallower when $y_N \neq 0$
 - Nucleation termination condition is not met

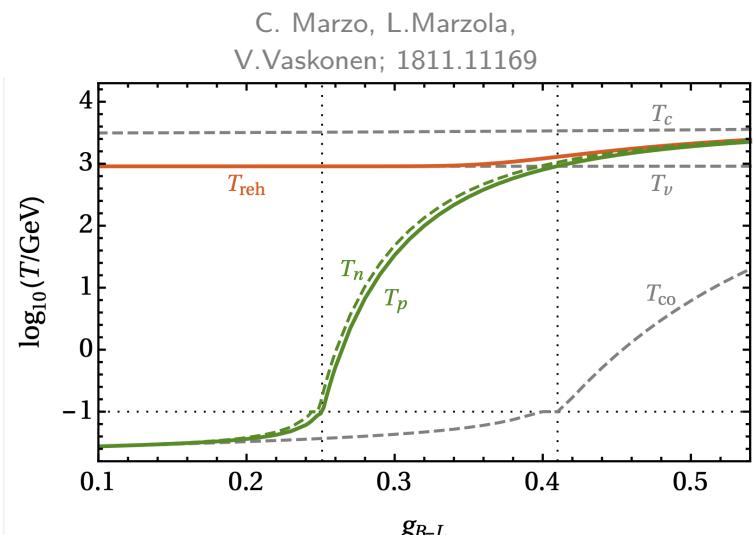


GW signals with scale-invariance ($m_S^2 = 0$)

- If $g_X \lesssim 0.25$, the percolation temperature (T_P) is below QCD phase-transition

| | $g_X (10^{5,7,9} \text{ GeV})$ | $y_N (10^{5,7,9} \text{ GeV})$ |
|-----|--------------------------------|--------------------------------|
| BP1 | 0.29, 0.29, 0.30 | 0.16, 0.16, 0.16 |
| BP2 | 0.40, 0.41, 0.44 | 0.42, 0.44, 0.45 |
| BP3 | 0.12, 0.12, 0.12 | 0.0 |
| BP4 | 0.09, 0.09, 0.09 | 0.0 |

- V_{CW} is shallower when $y_N \neq 0$
 - Nucleation termination condition is not met



No GW signal with $m_S^2 = 0$

QG perspective on scale-invariance

$$\frac{d\tilde{m}_S^2}{dt} \approx (-2 - f_\lambda)\tilde{m}_S^2$$

$$\frac{d\lambda_S}{dt} \approx -f_\lambda\lambda_S + \frac{6}{\pi^2}g_X^{*4}$$

- Gravity corrections to m_S and λ_S . Similar to gauge and Yukawa couplings

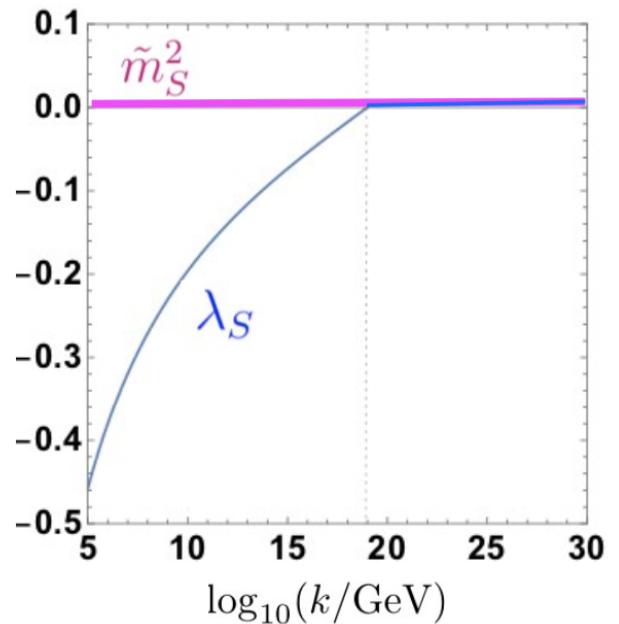
QG perspective on scale-invariance

- Gravity corrections to m_S and λ_S . Similar to gauge and Yukawa couplings

- If $f_\lambda \ll -2$
 $\implies m_S^{*2} = 0$ and $\theta_{m_S^2} < 0$ (quantum scale invariance)
 $\implies \text{But } \lambda_S < 0 \text{ (destabilizes the vacuum) }$

$$\frac{d\tilde{m}_S^2}{dt} \approx (-2 - f_\lambda)\tilde{m}_S^2$$

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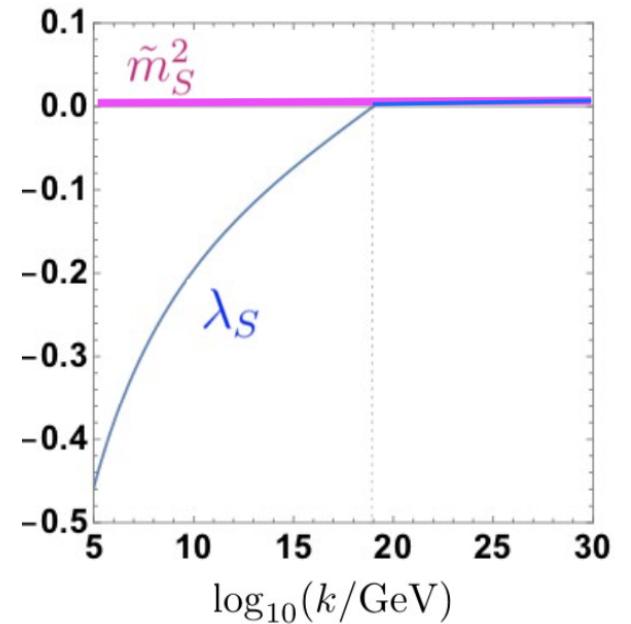
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- Gravity corrections to m_S and λ_S . Similar to gauge and Yukawa couplings

- If $f_\lambda \ll -2$
 $\Rightarrow m_S^{*2} = 0$ and $\theta_{m_S^2} < 0$ (quantum scale invariance)
 \Rightarrow But $\lambda_S < 0$ (**destabilizes the vacuum**)
- If $-2 < f_\lambda < 0$
 $\Rightarrow m_S^{*2} = 0$ but $\theta_{m_S^2} > 0$ (free-parameter)
 \Rightarrow But $\lambda_S < 0$ (**destabilizes the vacuum**)



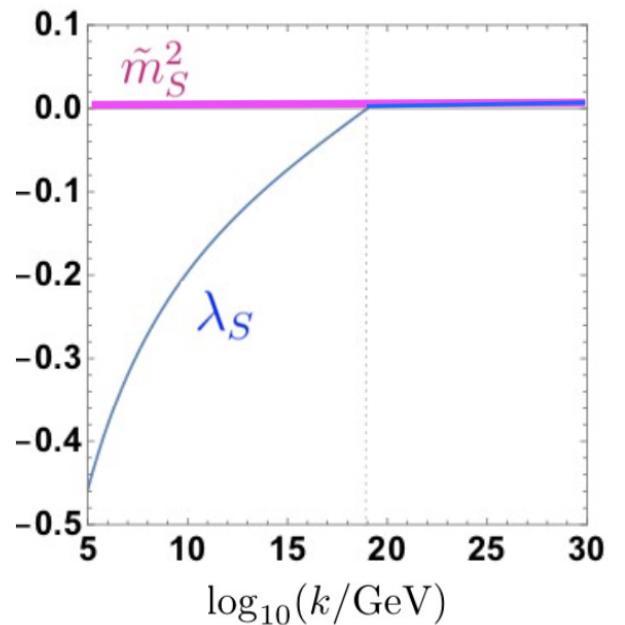
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 - If $f_\lambda > 0$
 m_S^2 and λ_S become free-parameters of the theory

$$\frac{d\tilde{m}_S^2}{dt} \approx (-2 - f_\lambda)\tilde{m}_S^2$$

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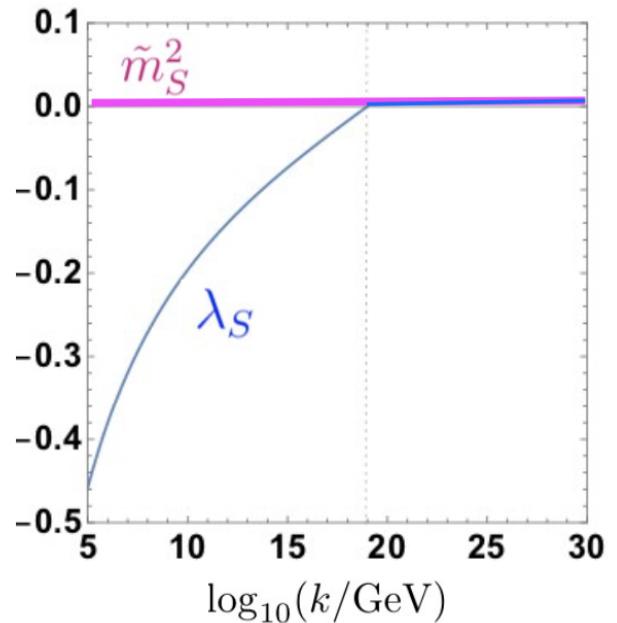
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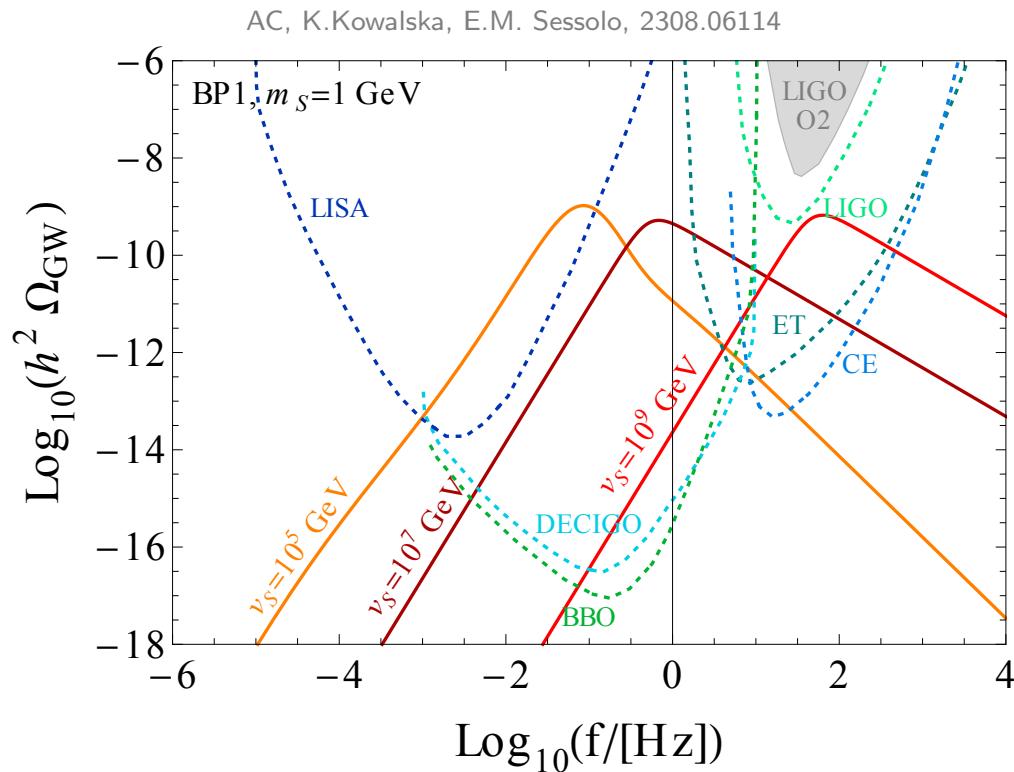


J. M. Pawłowski, M. Reichert, C. Wetterich, and M. Yamada; 1811.11706

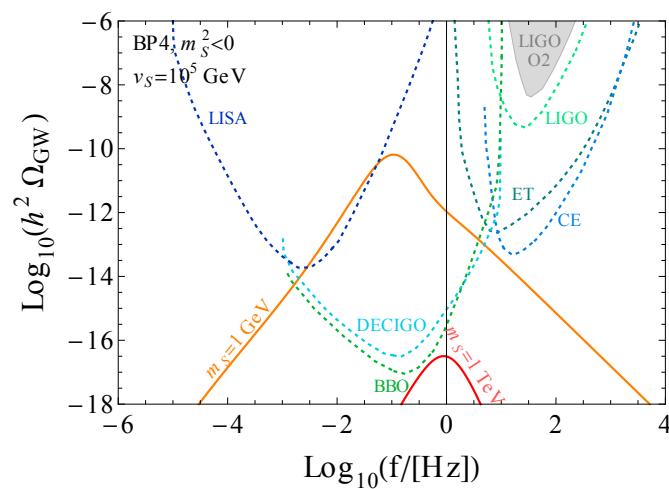
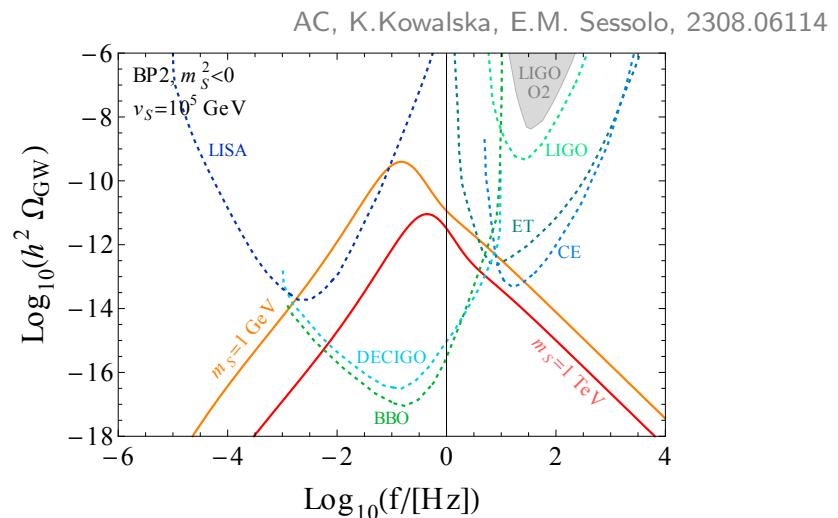
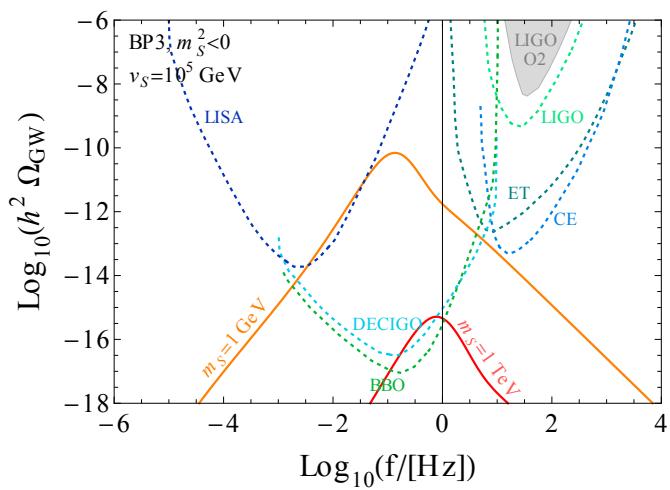
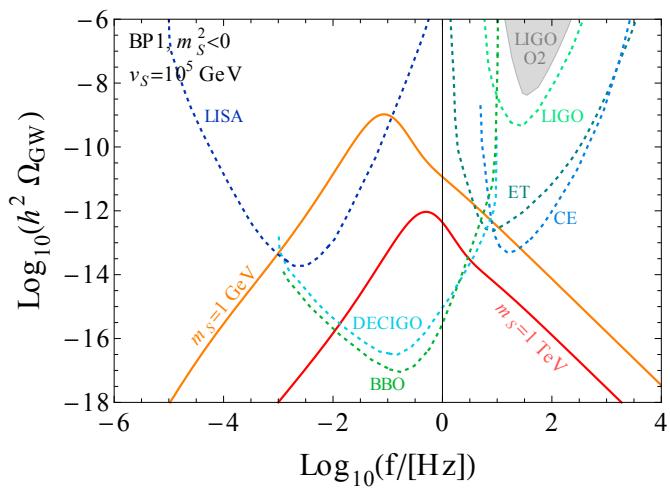
A. Pastor-Gutiérrez, J. M. Pawłowski, and M. Reichert; 2207.09817

FRG based calculations suggests $f_\lambda < 0$. However, including higher dimensional operators of scalar field and curvature terms could alter this conclusion.

GW with different v_S and $m_S^2 \neq 0$



GW signals with $m_S^2 \neq 0$



But discriminating features are washed out by the strong dependence on mS^2

Conclusions

- Asymptotically safe gravity could induce IR-attractive Gaussian fixed point
 \implies dynamical mechanism to generate arbitrarily small neutrino mass
- Small Dirac mass appears to arise more naturally in gauged $B - L$ model compared to SMRHN
- Scale invariance of the scalar potential (of S) may be at odds with existing calculations in asymptotically safe quantum gravity
- Observable gravitational wave signal in future space-based interferometers. But discriminating features are obscured due to strong dependence on the mass parameter

Thank you for your attention!